Associate in Arts (AA) to BS in Health Fitness Specialist

ECU Course ECU S.H. NCCCS Course Equivalent

	ECU Course	ECU S.H.	NCCCS Course Equivalent
	Freshman Year at Commu	ınity College	
Fall Semester	COAD 1xxx	1	ACA 122
	ENGL 1100 (WI)	3	ENG 111
	BIOL 1050/1051 or 1100/1101	4	BIO 110 or 111
	PSYC 1000	3	PSY 150
	KINE 1000	1	PED 110
	Total:	12	
Spring Semester	CHEM 1020 or 1150/1151	4	CHM 135 or 151
	MATH 1065	3	MAT 171
	HLTH 1000	2	HEA 110
	Humanities/Fine Arts	3	UGETC Courses
	KINE 1101	1	PED 111 (1-hr PED)
	Total:	13	
	Sophomore Year at Comm		
Fall Semester Spring Semester	ENGL 2201	3	ENG 112
		4	
	BIOL 2130 or 2150/2151		BIO 163 or 166
	MIS 2223	3	CIS 110
	Social Science	3	UGETC Courses
	Humanities/Fine Arts	3	UGETC Courses
	Total:	16	
	PHYS 1250/1251	4	PHY 151
	PSYC 3206	3	PSY 241
	COMM 2410	3	COM 231
	Social Science	3	<u>UGETC Courses</u>
	KINE 1114	1	PED 113 (1-hr PED)
	CAA Premajor/Elective	3	CAA Premajor/Elective
	Total:	17	
	Total: Junior Year at East Carolir		
Fall Semester ²			No Equivalent
Fall Semester ²	Junior Year at East Carolin	a University	No Equivalent No Equivalent
Fall Semester ²	Junior Year at East Carolin	a University	· ·
Fall Semester ²	Junior Year at East Carolin KINE 2000 KINE 2202	3 3	No Equivalent
Fall Semester ²	Junior Year at East Carolin KINE 2000 KINE 2202 KINE 2850	a University 3 3 1	No Equivalent No Equivalent
Fall Semester ²	Junior Year at East Carolin KINE 2000 KINE 2202 KINE 2850 HLTH 2220/2221	3 3 1 3	No Equivalent No Equivalent No Equivalent
Fall Semester ²	Junior Year at East Carolin KINE 2000 KINE 2202 KINE 2850 HLTH 2220/2221 NUTR 2105	3 3 1 3 3	No Equivalent No Equivalent No Equivalent No Equivalent
	Junior Year at East Carolin KINE 2000 KINE 2202 KINE 2850 HLTH 2220/2221 NUTR 2105 HLTH/ATEP Elective ¹	3 3 1 3 3 3 3	No Equivalent No Equivalent No Equivalent No Equivalent No Equivalent No Equivalent
	Junior Year at East Carolin KINE 2000 KINE 2202 KINE 2850 HLTH 2220/2221 NUTR 2105 HLTH/ATEP Elective ¹ Total:	3 3 1 3 3 16	No Equivalent
	Junior Year at East Carolin KINE 2000 KINE 2202 KINE 2850 HLTH 2220/2221 NUTR 2105 HLTH/ATEP Elective ¹ Total:	3 3 1 3 3 16 3 4	No Equivalent
	Junior Year at East Carolin KINE 2000 KINE 2202 KINE 2850 HLTH 2220/2221 NUTR 2105 HLTH/ATEP Elective ¹ Total: KINE 3850 KINE 3805/3806 KINE 3880/3881	3 3 1 3 3 16 3 4 3	No Equivalent
	Junior Year at East Carolin KINE 2000 KINE 2202 KINE 2850 HLTH 2220/2221 NUTR 2105 HLTH/ATEP Elective ¹ Total: KINE 3850 KINE 3805/3806 KINE 3880/3881 KINE Elective (3000 or higher) ¹	3 3 1 3 3 16 3 4 3 3	No Equivalent
	Junior Year at East Carolin KINE 2000 KINE 2202 KINE 2850 HLTH 2220/2221 NUTR 2105 HLTH/ATEP Elective ¹ Total: KINE 3850 KINE 3805/3806 KINE 3880/3881 KINE Elective (3000 or higher) ¹ KINE 3800/3801	3 3 1 3 3 16 3 4 3 4	No Equivalent
Spring Semester	Junior Year at East Carolin KINE 2000 KINE 2202 KINE 2850 HLTH 2220/2221 NUTR 2105 HLTH/ATEP Elective ¹ Total: KINE 3850 KINE 3805/3806 KINE 3880/3881 KINE Elective (3000 or higher) ¹ KINE 3800/3801 Total:	3 3 1 3 3 16 3 4 3 4 17	No Equivalent
Spring Semester	Junior Year at East Carolin KINE 2000 KINE 2202 KINE 2850 HLTH 2220/2221 NUTR 2105 HLTH/ATEP Elective ¹ Total: KINE 3850 KINE 3805/3806 KINE 3880/3881 KINE Elective (3000 or higher) ¹ KINE 3800/3801 Total: KINE Elective	3 3 1 3 3 16 3 4 17 3 3 3 4 17	No Equivalent
Spring Semester	Junior Year at East Carolin KINE 2000 KINE 2202 KINE 2850 HLTH 2220/2221 NUTR 2105 HLTH/ATEP Elective ¹ Total: KINE 3850 KINE 3850 KINE 3880/3881 KINE Elective (3000 or higher) ¹ KINE 3800/3801 Total: KINE Elective Total:	3 3 1 3 3 16 3 4 3 3 4 17 3 3 3 3	No Equivalent
Spring Semester Summer Session	Junior Year at East Carolin KINE 2000 KINE 2202 KINE 2850 HLTH 2220/2221 NUTR 2105 HLTH/ATEP Elective ¹ Total: KINE 3850 KINE 3805/3806 KINE 3880/3881 KINE Elective (3000 or higher) ¹ KINE 3800/3801 Total: KINE Elective Total: Senior Year at East Carolin	3 3 1 3 3 16 3 4 17 3 3 4 17 3 3 University	No Equivalent
Spring Semester	Junior Year at East Carolin KINE 2000 KINE 2202 KINE 2850 HLTH 2220/2221 NUTR 2105 HLTH/ATEP Elective ¹ Total: KINE 3850 KINE 3805/3806 KINE 3880/3881 KINE Elective (3000 or higher) ¹ KINE 3800/3801 Total: KINE Elective Total: KINE Elective Total: KINE Elective	3 3 1 3 3 16 3 4 17 3 3 4 17 3 3 4 17 3 3 3 University 3	No Equivalent
Spring Semester Summer Session	Junior Year at East Carolin KINE 2000 KINE 2202 KINE 2850 HLTH 2220/2221 NUTR 2105 HLTH/ATEP Elective ¹ Total: KINE 3850 KINE 3850 KINE 3805/3806 KINE 3880/3881 KINE Elective (3000 or higher) ¹ KINE 3800/3801 Total: KINE Elective Total: KINE Elective Total: KINE Elective Total: KINE 4850 KINE 4850 KINE 4806/4805	3 3 1 3 3 16 3 4 17 3 3 4 17 3 3 4 17 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4	No Equivalent
Spring Semester Summer Session	Junior Year at East Carolin KINE 2000 KINE 2202 KINE 2850 HLTH 2220/2221 NUTR 2105 HLTH/ATEP Elective ¹ Total: KINE 3850 KINE 3805/3806 KINE 3805/3806 KINE 3800/3881 KINE Elective (3000 or higher) ¹ KINE 3800/3801 Total: KINE Elective Total: KINE Elective Total: KINE 4850 KINE 4850 KINE 4806/4805 HLTH 4200	3 3 1 3 3 16 3 4 17 3 3 4 17 3 3 4 17 3 3 4 17 3 3 3 4 3	No Equivalent
Spring Semester Summer Session	Junior Year at East Carolin KINE 2000 KINE 2202 KINE 2850 HLTH 2220/2221 NUTR 2105 HLTH/ATEP Elective ¹ Total: KINE 3850 KINE 3805/3806 KINE 3880/3881 KINE Elective (3000 or higher) ¹ KINE 3800/3801 Total: KINE Elective Total: KINE Elective KINE 4850 KINE 4850 KINE 4806/4805 HLTH 4200 KINE 4020	3 3 1 3 3 16 3 4 3 3 4 17 3 3 4 17 3 3 4 17 3 3 4 4 3 3 3 4 4 3 3 3 4 4 3 3 3 4 4 3 3 3 4 4 3 3 4 4 3 3 3 4 4 4 3 4 3 4 4 4 3 4	No Equivalent
Spring Semester Summer Session	Junior Year at East Carolin KINE 2000 KINE 2202 KINE 2850 HLTH 2220/2221 NUTR 2105 HLTH/ATEP Elective ¹ Total: KINE 3850 KINE 3805/3806 KINE 3805/3806 KINE 3800/3881 KINE Elective (3000 or higher) ¹ KINE 3800/3801 Total: KINE Elective Total: KINE Elective Total: Senior Year at East Carolin KINE 4850 KINE 4806/4805 HLTH 4200 KINE 4030	3 3 1 3 3 16 3 4 17 3 3 4 17 3 3 4 17 3 3 4 17 3 3 3 4 17 3 3 3 4 3 3 4 3 3 4 3 3 4 3 3 4 3 3 4 3 3 4 3 3 4 3 3 4 3 3 4 3 3 4 3 3 4 3 3 4 3 3 4 3 3 4 3 3 3 4 3 3 4 3 3 3 4 3 3 3 4 3 3 3 3 4 3 3 3 3 4 3 3 3 3 3 4 3	No Equivalent
Spring Semester Summer Session	Junior Year at East Carolin KINE 2000 KINE 2202 KINE 2850 HLTH 2220/2221 NUTR 2105 HLTH/ATEP Elective ¹ Total: KINE 3850 KINE 3805/3806 KINE 3880/3881 KINE Elective (3000 or higher) ¹ KINE 3800/3801 Total: KINE Elective Total: KINE Elective KINE 4850 KINE 4850 KINE 4806/4805 HLTH 4200 KINE 4020 KINE 4030 KINE 4801	3 3 1 3 3 16 3 4 17 3 3 4 17 3 3 4 17 3 3 4 17 3 3 18 4 17 3 3 19 10 10 10 10 10 10 10 10 10 10 10 10 10	No Equivalent
Spring Semester Summer Session Fall Semester	Junior Year at East Carolin KINE 2000 KINE 2202 KINE 2850 HLTH 2220/2221 NUTR 2105 HLTH/ATEP Elective ¹ Total: KINE 3850 KINE 3805/3806 KINE 3880/3881 KINE Elective (3000 or higher) ¹ KINE 3800/3801 Total: KINE Elective Total: KINE Elective Total: KINE 4850 KINE 4850 KINE 4806/4805 HLTH 4200 KINE 4020 KINE 4030 KINE 4801 Total:	3 3 1 3 3 16 3 4 17 3 3 4 17 3 3 11 17	No Equivalent
Spring Semester Summer Session	Junior Year at East Carolin KINE 2000 KINE 2202 KINE 2850 HLTH 2220/2221 NUTR 2105 HLTH/ATEP Elective ¹ Total: KINE 3850 KINE 3805/3806 KINE 3880/3881 KINE Elective (3000 or higher) ¹ KINE 3800/3801 Total: KINE Elective Total: KINE Elective KINE 4850 KINE 4850 KINE 4806/4805 HLTH 4200 KINE 4020 KINE 4030 KINE 4801	3 3 1 3 3 16 3 4 17 3 3 4 17 3 3 4 17 3 3 4 17 3 3 18 4 17 3 3 19 10 10 10 10 10 10 10 10 10 10 10 10 10	No Equivalent

Minimum S.H. Required for Degree 125

The health fitness specialist program provides competencies and knowledge for students to develop and conduct health and fitness programs in commercial, corporate, clinical and community settings, and is endorsed by the National Strength and Conditioning Association. A minimum cumulative 2.0 GPA is required for admission as well as successful completion of the majors' fitness test. Students must have nine semester hours of writing intensive credit from Foundations Curriculum. A minimum grade of C- (1.7) in all KINE courses is required to complete the degree.

All guides are meant as an example of how a degree can be completed. However, individual plans will be developed for each student in consultation with the academic advisor. Course availability, prior credit, course prerequisites, major requirements, and student needs must be considered in developing the individual academic pathway.

<u>Please visit the Health & Human Performance Academic Advising Center site for the most updated transfer information.</u>

¹Elective courses may have prerequisites.

²Students must pass a fitness test to declare this major.