

Associate in Arts (AA) to BS in Recreational Therapy

ECU Course ECU S.H. NCCCS Course Equivalent

Freshman Year at Community College			
Fall Semester	COAD 1xxx	1	ACA 122
	ENGL 1100 (WI) ¹	3	ENG 111
	BIOL 1050/1051 or 1100/1101	4	BIO 110 or 111
	PSYC 1000	3	PSY 150
	HLTH 1000	2	HEA 110
	KINE 1000	1	PED 110
	Total:	14	
Spring Semester	BIOL 2130/2131 ¹	5	BIO 163
	MATH 1065 ¹	3	MAT 171
	SOCI 2110	3	SOC 210
	CAA GEN ED	3	CAA GEN ED
	Total:	14	
Sophomore Year at Community College			
Fall Semester	ENGL 2201 ¹	3	ENG 112
	PSYC 3206	3	PSY 241
	Humanities/Fine Arts	6	UGETC Courses
	CAA GEN ED	4	CAA GEN ED
	Total:	16	
Spring Semester	Social Science	3	UGETC Courses
	Humanities/Fine Arts	3	UGETC Courses
	PSYC 3375	3	PSY 281
	CAA Premajor/Elective	4	CAA Premajor/Elective
	Total:	13	
Junior Year at East Carolina University			
Fall Semester	ATEP 2800	2	No Equivalent
	RCTX 2230 ²	3	No Equivalent
	PSYC 3225 or 3226	3	No Equivalent
	RCLS 2601	3	No Equivalent
	PHIL 2275 or 3281	3	No Equivalent
	Total:	14	
Spring Semester	RCTX 3240	3	No Equivalent
	RCLS 3003	3	No Equivalent
	RCLS 3004	1	No Equivalent
	RCTX 3262	3	No Equivalent
	KINE 2850	1	No Equivalent
	RCTX 4200	3	No Equivalent
	Total:	14	
Senior Year at East Carolina University			
Fall Semester	RCTX 3263	3	No Equivalent
	RCTX 4252	3	No Equivalent
	RCTX 4254	3	No Equivalent
	RCLS 4000	3	No Equivalent
	RCLS 4004 (WI)	3	No Equivalent
	RCTX 4900	1	No Equivalent
	Total:	16	
Spring Semester	RCTX 4260	3	No Equivalent
	RCTX 4266	3	No Equivalent
	RCTX 4268	3	No Equivalent
	RCTX 4902	1	No Equivalent
	Restricted Electives	6	No Equivalent
	Total:	16	
Supplemental Year at East Carolina University			
Summer, Fall or Spring	RCTX 4990 (WI)	12	No Equivalent
	Total:	12	

Minimum S.H. Required for Degree 124

The recreational therapy (RT) program is accredited by the Commission on Accreditation of Allied Health Education Programs (CAAHEP) through the Committee on Accreditation for Recreational Therapy Education (CARTE). Any student wishing to declare a major in recreational therapy (RT) must, at the time of entrance into the curriculum, possess a minimum 2.5 GPA; have completed ENGL 1100, ENGL 1200; MATH 1065 or MATH 1066 or MATH 1067 or MATH 2127; and BIOL 2130, BIOL 2131 or BIOL 2140, BIOL 2141; have submitted an application; have a personal interview with a RT faculty member; and have completed a sequencing form (timetable) in consultation with a RCTX advisor in the HHP Advising Center and their RT faculty advisor. Prior to registering for 4000 level RCTX courses, all RT students are required to complete the Recreational Therapy Fieldwork Experience. This requires a minimum of 25 documented hours of directed experience in recreational therapy programs and recreation-based activities for individuals with disabilities. Information relating to this process is provided via department web site, through the HHP advising center and through the RT faculty. Admission to recreational therapy is competitive and limited due to space availability. Majors must maintain a minimum cumulative 2.5 GPA and a minimum cumulative 2.5 GPA in all cognate courses to remain in good standing. Majors must earn a minimum grade of C (2.0) in all required RCLS and RCTX courses. A student wishing to appeal should contact the RCLS department chair within two weeks of notification of academic deficiency. Graduates are eligible to apply to sit for the examination to become nationally credentialed as a Certified Therapeutic Recreation Specialist (CTRS) and Licensed Recreational Therapist (LRT) in North Carolina.

¹Course must be completed as a requirement to declare major.

²Student must be currently enrolled in or have completed course with a grade of C or better to declare major.

All guides are meant as an example of how a degree can be completed. However, individual plans will be developed for each student in consultation with the academic advisor. Course availability, prior credit, course prerequisites, major requirements, and student needs must be considered in developing the individual academic pathway.

[Please visit the Health & Human Performance Academic Advising Center site for the most updated transfer information.](#)