

Baccalaureate Degree Plan
Associate in Arts (AA) to BS Exercise Physiology, Exercise as Medicine Concentration

The sequence below is contingent on the student completing the AA degree from a college in the North Carolina Community College System.

NC Community College First Year			
Fall Semester			
NCCCS Course	NCCC s.h..	ECU Course Equivalent	ECU s.h.
ENG 111	3	ENGL 1100 (WI) ¹	3
MAT 171-UGETC Mathematics	4	MATH 1065	4
PSY 150-UGETC Social Science	3	PSYC 1000	3
CAA GEN ED Course	1	General Education Course	1
HEA 110 ² -CAA Premajor/Elective	3	HLTH 1000/KINE 1000 ²	3
ACA 122-CAA Premajor/Elective	1	COAD 1xxx (Elective Credit)	1
Total:	15		15
Spring Semester			
UGETC Humanities/Fine Arts Course	3	General Education Course	3
UGETC Social Science Course	3	General Education Course	3
CHM 151-UGETC Natural Sciences	4	CHEM 1150/51	4
PHY 151-CAA GEN ED	4	PHYS 1250/51	4
Total:	14		14
NC Community College Second Year			
Fall Semester			
NCCCS Course	NCCC s.h..	ECU Course Equivalent	ECU s.h.
ENG 112	3	ENGL 2201 (WI) ¹	3
UGETC Humanities/Fine Arts Course	3	General Education Course	3
UGETC Social Science Course	3	General Education Course	3
CHM 152-CAA GEN ED	4	CHEM 1160/61	4
NUT 110 or BIO 155-CAA Premajor/Elective	3	NUTR 1000 or 2105	3
Total:	16		16
Spring Semester			
UGETC Humanities/Fine Arts Course	3	General Education Course	3
MAT 152-CAA GEN ED Course	4	MATH 2283	4
BIO 168-CAA Premajor/Elective	4	BIOL 2140/2141	4
CAA Premajor/Elective	4	General Education or Elective Course	4
Total:	15		15

Key: The Transfer Course List can be found at:

[NC Transfer Course List](#)

UGETC - Universal General Education Transfer Component courses

CAA GEN ED - Additional General Education Hours (AA requires 13-14 hours; AS requires 11 hours)

Pre-Major/Elective - Courses classified as pre-major, electives, or general education courses within the CAA (ACA 122 is required)

¹Students enrolling at ECU must fulfill the writing across the curriculum requirement prior to graduation. To do so, each student must complete a minimum of four writing intensive courses, including ENGL 1100 and ENGL 2201, at least one writing intensive course in the major; and any other writing intensive course of the student's choice.

²Students who have successfully completed HEA 110 since the Fall 2016 term will earn ECU credit for both HLTH 1000 (2 hours) and KINE 1000 (1 hour). Students who completed HEA 110 prior to the Fall 2016 term and who have not also taken PED 110 will be responsible for meeting the Health-Related Physical Activity Competency component of the ECU General Education Program to meet degree requirements.

NOTE: Credit will only be awarded for transferable courses for which a grade of C (2.0) or better is earned.



Schedule of Courses Upon Admission to ECU

Associate in Arts (AA) to BS Exercise Physiology,
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ECU Summer before Junior Year			
BIOL 2150/51	4	KINE 2850	1
Total: 5			
ECU Junior Year			
Fall Semester		Spring Semester	
BIOL 1150/51	4	BIOL 2110/11 or PHYS 1260/61	4
CHEM 1130 or 2750/53	4	ATEP 2800 or BIOL 2300 or CHEM 2760/63 or HIMA 3000	3 or 4
KINE 2202	3	KINE 3700	3
KINE 3805/3806	4	KINE 4805/4806 (WI) ¹	4
KINE Recommended Elective	1	KINE 4900	3
Total:	16	Total:	17 or 18
ECU Senior Year			
Fall Semester		Spring Semester	
BIOL 1200/01 or PSYC 3206	3 or 4	KINE 4020	3
KINE 4807	3	KINE 3850	3
KINE 4809	3	KINE Recommended Electives	7
KINE 4991	3		
Total:	12 or 13	Total:	13

Minimum Credit Hours Required for Graduation:

120

The Bachelor of Science in Exercise Physiology requires a minimum of 120 semester hours. ECU requires a minimum 2.0 overall GPA and a minimum 2.0 major GPA for graduation. A minimum cumulative 2.75 GPA and 32 s.h. in general education are required for admission. A minimum grade of C (2.0) is required in BIOL 1150, BIOL 1151; CHEM 1150, CHEM 1151; ENGL 1100, ENGL 2201; MATH 1065. Majors must maintain a minimum cumulative GPA of 2.5 and a minimum grade of C (2.0) is required in BIOL 2140, BIOL 2141, BIOL 2150, BIOL 2151; CHEM 1160, CHEM 1161.

For more information, visit the BS in Exercise Physiology website:

[Exercise Physiology Program](#)

NOTE: Completion of a 3 s.h. Global Diversity course and a 3 s.h. Domestic Diversity course are requirements of all ECU degrees. These courses can coincide with other General Education or Major courses. A list of all courses approved to meet the Global and Domestic Diversity requirement can be found in the University catalog: <http://catalog.ecu.edu>, click on the "Courses" link.

This plan reflects the degree program's requirements published in the 2020-2021 university catalog. All guides are meant as an example of how a degree can be completed. Course availability, prior credit, course prerequisites, major requirements, and student needs must be considered in developing an individual academic pathway. Following the Baccalaureate Degree Plan does not guarantee admission to ECU or guarantee an AA or BS degree will be conferred. Students should seek academic advising to determine the best course of study to meet educational goals and degree requirements.

[Please refer to the East Carolina University Admissions website for more information on admission and transfer of credits.](#)