



Associate in Science (AS) to BS Exercise Physiology, Exercise as Medicine Concentration

The sequence below is contingent on the student completing the AS degree from a college in the North Carolina
Community College System.

	ECU Course	ECU S.H.	NCCS S.H.	NCCCS Course Equivalent
Freshman Year				
Fall Semester	COAD 1xxx	1	1	ACA 122
	ENGL 1100 (WI) ¹	3	3	ENG 111
	Math <i>MATH 1065 Rec.</i>	4	4	UGETC Course MAT 171
	Social Science <i>PSYC 1000 Rec.</i>	3	3	UGETC Course PSY 150
	CAA Premajor/Elective <i>HLTH 1000/KINE 1000 Rec.²</i>	3	3	CAA Premajor/Elective HEA 110 ²
	Total:	14	14	
Spring Semester	Humanities/Fine Arts	3	3	UGETC Course
	Social Science	3	3	UGETC Course
	Natural Sciences <i>CHEM 1150/51 Rec.</i>	4	4	UGETC Course CHM 151
	CAA GEN ED <i>PHYS 1250/51 Rec.</i>	4	4	CAA GEN ED PHY 151
	Total:	14	14	
Sophomore Year				
Fall Semester	ENGL 2201 (WI) ¹	3	3	ENG 112
	Natural Sciences <i>CHEM 1160/61 Rec.</i>	4	4	UGETC Course CHM 152
	CAA GEN ED <i>MATH 2283 Rec.</i>	4	4	CAA GEN ED MAT 152
	CAA GEN ED	3	3	CAA GEN ED
	CAA Premajor/Elective <i>NUTR 1000 or 2105 Rec.</i>	3	3	CAA Premajor/Elective NUT 110 or BIO 155
	Total:	17	17	
Spring Semester	Math	4	4	UGETC Course
	Humanities/Fine Arts	3	3	UGETC Course
	CAA Premajor/Elective <i>BIOL 2140/41 Rec.</i>	4	4	CAA Premajor/Elective BIO 168
	CAA Premajor/Elective	4	4	CAA Premajor/Elective
Total:	15	15		
Summer Term at ECU				
Summer	KINE 2850	1	-	No Equivalent
	BIOL 2150/51	4	4	BIO 169
	Total:	5	4	
Junior Year				
Fall Semester	BIOL 1150/51	4	-	No Equivalent
	CHEM 1130 or 2750/53	4	4	CHM 132/251
	KINE 2202	3	-	No Equivalent
	KINE 3805/3806	4	-	No Equivalent
	KINE Recommended Elective	1	-	No Equivalent

	Total:	16	4	
Spring Semester	BIOL 2110/11 or PHYS 1260/61	4	4	No Equivalent/PHY 152
	ATEP 2800 or BIOL 2300 or CHEM 2760/63 or HIMA 3000	3 or 4	3 or 4	No Equivalent/BIO 250/CHM 252/MED 122
	KINE 3700	3	-	No Equivalent
	KINE 4805/4806 (WI) ¹	4	-	No Equivalent
	KINE 4900	3	-	No Equivalent
	Total:	17 or 18	7 or 8	
Senior Year				
Fall Semester	BIOL 1200/01 or PSYC 3206	3 or 4	3	No Equivalent/PSY 241
	KINE 4807	3	-	No Equivalent
	KINE 4809	3	-	No Equivalent
	KINE 4991	3	-	No Equivalent
	Total:	12 or 13	3	
Spring Semester	KINE 4020	3	-	No Equivalent
	KINE 3850	3	-	No Equivalent
	KINE Recommended Elective	7	-	No Equivalent
	Total:	13	-	

Minimum S.H. Required for Degree 120

The Bachelor of Science in Exercise Physiology requires a minimum of 120 semester hours. ECU requires a minimum 2.0 overall GPA and a minimum 2.0 major GPA for graduation. A minimum cumulative 2.75 GPA and 32 s.h. in general education are required for admission. A minimum grade of C (2.0) is required in BIOL 1150, BIOL 1151; CHEM 1150, CHEM 1151; ENGL 1100, ENGL 2201; MATH 1065. Majors must maintain a minimum cumulative GPA of 2.5 and a minimum grade of C (2.0) is required in BIOL 2140, BIOL 2141, BIOL 2150, BIOL 2151; CHEM 1160, CHEM 1161.

¹Students enrolling at ECU must fulfill the writing across the curriculum requirement prior to graduation. To do so, each student must complete a minimum of 12 semester hours of writing intensive (WI) courses, including ENGL 1100 and ENGL 2201; at least 3 semester hours of WI courses in the major; and any other 3 semester hours WI course of the student's choice.

²Students who have successfully completed HEA 110 since the Fall 2016 term will earn ECU credit for both HLTH 1000 (2 hours) and KINE 1000 (1 hour). Students who completed HEA 110 prior to the Fall 2016 term and who have not also taken PED 110 will be responsible for meeting the Health-Related Physical Activity Competency component of the ECU General Education Program to meet degree requirements.

NOTE: Completion of a 3 s.h. Global Diversity course and a 3 s.h. Domestic Diversity course are requirements of all ECU degrees. These courses can coincide with other General Education or Major courses. A list of all courses approved to meet the Global and Domestic Diversity requirement can be found in the University catalog: <http://catalog.ecu.edu>, click on the "Courses" link.

This plan reflects the degree program's requirements published in the 2019-2020 university catalog. All guides are meant as an example of how a degree can be completed. Course availability, prior credit, course prerequisites, major requirements, and student needs must be considered in developing an individual academic pathway.

Key: The Transfer Course List can be found at: [NC Transfer Course List](#)

UGETC - Universal General Education Transfer Component courses

CAA GEN ED - Additional General Education Hours (AA requires 13-14 hours; AS requires 11 hours)

Pre-Major/Elective - Courses classified as pre-major, electives, or general education courses within the CAA, of which ACA 122 is required