



## Associate in Science (AS) to BS Health Fitness Specialist

The sequence below is contingent on the student completing the AS degree from a college in the North Carolina Community College System.

	ECU Course	ECU S.H.	NCCC S.H.	NCCCS Course Equivalent
<b>Freshman Year</b>				
<b>Fall Semester</b>	COAD 1xxx	1	1	ACA 122
	ENGL 1100 (WI) <sup>1</sup>	3	3	ENG 111
	Natural Sciences <i>BIOL 1050/1051 or 1100/1101 Rec.</i>	4	4	UGETC Course <i>BIO 110 or BIO 111</i>
	Math <i>MATH 1065 Rec.</i>	4	4	UGETC Course <i>MAT 171</i>
	Social Science <i>PSYC 1000 Rec.</i>	3	3	UGETC Course <i>PSY 150</i>
	<b>Total:</b>	<b>15</b>	<b>15</b>	
<b>Spring Semester</b>	Humanities/Fine Arts	3	3	UGETC Course
	CAA GEN ED <i>MIS 2223 or MATH 2228 Rec.</i>	3 or 4	3 or 4	CAA GEN ED <i>CIS 110 (3 hrs) or MAT 152 (4 hrs)</i>
	CAA Premajor/Elective <i>CHEM 1020 or 1150/51 Rec.</i>	4	4	CAA Premajor/Elective <i>CHM 135 or 151</i>
	CAA Premajor/Elective <i>HLTH 1000/KINE 1000 Rec.<sup>2</sup></i>	3	3	CAA Premajor/Elective <i>HEA 110<sup>2</sup></i>
	CAA Premajor/Elective	2	2	CAA Premajor/Elective
	<b>Total:</b>	<b>15 or 16</b>	<b>15 or 16</b>	
<b>Sophomore Year</b>				
<b>Fall Semester</b>	ENGL 2201 (WI) <sup>1</sup>	3	3	ENG 112
	Humanities/Fine Arts	3	3	UGETC Course
	Natural Sciences <i>PHYS 1250/51 Rec.</i>	4	4	UGETC Course <i>PHY 151</i>
	CAA GEN ED	4 or 5	4 or 5	CAA GEN ED
	<b>Total:</b>	<b>14 or 15</b>	<b>14 or 15</b>	
<b>Spring Semester</b>	Math	4	4	UGETC Course
	Social Science	3	3	UGETC Course
	CAA GEN ED	3	3	CAA GEN ED
	CAA Premajor/Elective <i>BIOL 2130/31 Rec.</i>	5	5	CAA Premajor/Elective <i>BIO 163</i>
	<b>Total:</b>	<b>15</b>	<b>15</b>	
<b>Junior Year</b>				
<b>Fall Semester</b>	HLTH 2220	3	-	No Equivalent
	KINE 2000	3	-	No Equivalent
	KINE 2202	3	-	No Equivalent
	KINE 2850	1	-	No Equivalent
	KINE Electives	3	-	No Equivalent
	<b>Total:</b>	<b>13</b>	<b>0</b>	
<b>Spring Semester</b>	KINE 3540	2	-	No Equivalent
	KINE 3800/3801	3	-	No Equivalent
	KINE 3805/3806	4	-	No Equivalent

	KINE 3850	3	-	No Equivalent
	NUTR 1000 or 2105	3	-	No Equivalent
	<b>Total:</b>	<b>15</b>	<b>0</b>	
<b>Senior Year</b>				
<b>Fall Semester</b>	ATEP/HLTH Restricted Elective <sup>3</sup>	3	-	No Equivalent
	KINE 3880/3881	3	-	No Equivalent
	KINE 4020	3	-	No Equivalent
	KINE 4030	3	-	No Equivalent
	KINE Elective	1	-	No Equivalent
	<b>Total:</b>	<b>13</b>	<b>0</b>	
<b>Spring Semester</b>	HLTH 4200	3	-	No Equivalent
	KINE Elective above 2999	3	-	No Equivalent
	KINE 4801	1	-	No Equivalent
	KINE 4805/4806 (WI) <sup>1</sup>	4	-	No Equivalent
	KINE 4850	3	-	No Equivalent
	<b>Total:</b>	<b>14</b>	<b>0</b>	
<b>Supplemental Term</b>				
<b>Summer</b>	KINE 4800	12	-	No Equivalent
	<b>Total:</b>	<b>12</b>	<b>0</b>	

**Minimum S.H. Required for Degree      120**

The Bachelor of Science in Health Fitness Specialist requires a minimum of 120 semester hours. ECU requires a minimum 2.0 overall GPA and a minimum 2.0 major GPA for graduation. A minimum grade of C- (1.7) in all KINE courses is required to complete the degree. A minimum cumulative 2.0 GPA is required for admission as well as successful completion of the majors' fitness test.

<sup>1</sup>Students enrolling at ECU must fulfill the writing across the curriculum requirement prior to graduation. To do so, each student must complete a minimum of 12 semester hours of writing intensive (WI) courses, including ENGL 1100 and ENGL 2201; at least 3 semester hours of WI courses in the major; and any other 3 semester hours WI course of the student's choice.

<sup>2</sup>Students who have successfully completed HEA 110 since the Fall 2016 term will earn ECU credit for both HLTH 1000 (2 hours) and KINE 1000 (1 hour). Students who completed HEA 110 prior to the Fall 2016 term and who have not also taken PED 110 will be responsible for meeting the Health-Related Physical Activity Competency component of the ECU General Education Program to meet degree requirements.

**NOTE:** Completion of a 3 s.h. Global Diversity course and a 3 s.h. Domestic Diversity course are requirements of all ECU degrees. These courses can coincide with other General Education or Major courses. A list of all courses approved to meet the Global and Domestic Diversity requirement can be found in the University catalog: <http://catalog.ecu.edu>, click on the "Courses" link.

<sup>3</sup>Choose 3 s.h. from the following: ATEP 2800, 3350; HLTH 2125/26, 3002, 3010, 3020, 3050.

*This plan reflects the degree program's requirements published in the 2019-2020 university catalog. All guides are meant as an example of how a degree can be completed. Course availability, prior credit, course prerequisites, major requirements, and student needs must be considered in developing an individual academic pathway.*

**Key: The Transfer Course List can be found at: [NC Transfer Course List](#)**

**UGETC** - Universal General Education Transfer Component courses

**CAA GEN ED** - Additional General Education Hours (AA requires 13-14 hours; AS requires 11 hours)

**Pre-Major/Elective** - Courses classified as pre-major, electives, or general education courses within the CAA, of which ACA 122 is required