

## Baccalaureate Degree Plan

### Associate in Science (AS) to BS Exercise Physiology, Clinical Exercise Physiology Concentration

The sequence below is contingent on the student completing the AS degree from a college in the North Carolina Community College System.

| <b>NC Community College First Year</b>   |            |  |           |
|--|------------|--|-----------|
| <b>Fall Semester</b>   |            |  |           |
| NCCCS Course   | NCCC s.h.. | ECU Course Equivalent  | ECU s.h.  |
| ENG 111  | 3          | ENGL 1100 (WI) <sup>1</sup>                                    | 3         |
| MAT 171-UGETC Mathematics  | 4          | MATH 1065  | 4         |
| PSY 150-UGETC Social Science   | 3          | PSYC 1000  | 3         |
| HEA 110 <sup>2</sup> -CAA Premajor/Elective  | 3          | HLTH 1000/KINE 1000 <sup>2</sup>                               | 3         |
| ACA 122-CAA Premajor/Elective  | 1          | COAD 1xxx (Elective Credit)                                    | 1         |
| <b>Total:</b>  | <b>14</b>  |  | <b>14</b> |
| <b>Spring Semester</b>   |            |  |           |
| UGETC Humanities/Fine Arts Course  | 3          | General Education Course                                       | 3         |
| <i>Recommended: ART 111 or DRA 111</i>   |            | <i>ART 1910 (GD)<sup>3</sup> or THEA 1000 (GD)<sup>3</sup></i> |           |
| UGETC Social Science Course  | 3          | General Education Course                                       | 3         |
| <i>Recommended: SOC 210</i>  |            | <i>SOCI 2110 (DD)<sup>3</sup> o</i>                            |           |
| CHM 151-UGETC Natural Sciences   | 4          | CHEM 1150/51   | 4         |
| PHY 151-CAA GEN ED   | 4          | PHYS 1250/51   | 4         |
| <b>Total:</b>  | <b>14</b>  |  | <b>14</b> |
| <b>NC Community College Second Year</b>  |            |  |           |
| <b>Fall Semester</b>   |            |  |           |
| NCCCS Course   | NCCC s.h.. | ECU Course Equivalent  | ECU s.h.  |
| ENG 112  | 3          | ENGL 2201 (WI) <sup>1</sup>                                    | 3         |
| CHM 152-UGETC Natural Sciences   | 4          | CHEM 1160/61   | 4         |
| MAT 152-CAA GEN ED   | 4          | MATH 2283  | 4         |
| CAA GEN ED Course  | 3          | General Education Course                                       | 3         |
| BIO 168-CAA Premajor/Elective  | 4          | BIOL 2140/2141   | 4         |
| <b>Total:</b>  | <b>18</b>  |  | <b>18</b> |
| <b>Spring Semester</b>   |            |  |           |
| UGETC Humanities/Fine Arts Course  | 3          | General Education Course                                       | 3         |
| UGETC Mathematics Course   | 4          | General Education Course                                       | 4         |
| BIO 169-CAA Premajor/Elective  | 4          | BIOL 2150/2151   | 4         |
| CHM 132 or 251-CAA Premajor/Elective   | 4          | CHEM 1130 or 2750/53   | 4         |
| <b>Total:</b>  | <b>15</b>  |  | <b>15</b> |
| <b>Key: The Transfer Course List can be found at: <a href="#">NC Transfer Course List</a></b>                                      |            |  |           |
| UGETC - Universal General Education Transfer Component courses   |            |  |           |
| CAA GEN ED - Additional General Education Hours (AA requires 13-14 hours; AS requires 11 hours)                                    |            |  |           |
| Pre-Major/Elective - Courses classified as pre-major, electives, or general education courses within the CAA (ACA 122 is required) |            |  |           |

<sup>1</sup>Students enrolling at ECU must fulfill the writing across the curriculum requirement prior to graduation. To do so, each student must complete a minimum of four writing intensive courses, including ENGL 1100 and ENGL 2201, at least one writing intensive course in the major; and any other writing intensive course of the student's choice.

<sup>2</sup>Students who have successfully completed HEA 110 since the Fall 2016 term will earn ECU credit for both HLTH 1000 (2 hours) and KINE 1000 (1 hour). Students who completed HEA 110 prior to the Fall 2016 term and who have not also taken PED 110 will be responsible for meeting the Health-Related Physical Activity Competency component of the ECU General Education Program to meet degree requirements.

**NOTE: Credit will only be awarded for transferable courses for which a grade of C (2.0) or better is earned.**



**Schedule of Courses Upon Admission to ECU**  
**Associate in Science (AS) to BS Exercise**  
**Physiology, Clinical Exercise Physiology**  
**Concentration**

| <b>ECU Summer before Junior Year</b> |           |                                  |           |
|--------------------------------------|-----------|----------------------------------|-----------|
| KINE 2850                            | 1         |                                  |           |
| <b>Total: 1</b>                      |           |                                  |           |
| <b>ECU Junior Year</b>               |           |                                  |           |
| <b>Fall Semester</b>                 |           | <b>Spring Semester</b>           |           |
| BIOL 1100/01 or 1150/1151            | 4         | KINE 3850                        | 3         |
| KINE 2202                            | 3         | KINE 4805/4806 (WI) <sup>1</sup> | 4         |
| KINE 3805/3806                       | 4         | KINE 4900                        | 3         |
| KINE Recommended Electives           | 3         | KINE Recommended Electives       | 4         |
| NUTR 1000 or 2105                    | 3         |                                  |           |
| <b>Total:</b>                        | <b>17</b> | <b>Total:</b>                    | <b>14</b> |
| <b>ECU Senior Year</b>               |           |                                  |           |
| <b>Fall Semester</b>                 |           | <b>Spring Semester</b>           |           |
| KINE 4020                            | 3         | KINE 4992                        | 12        |
| KINE 4807                            | 3         |                                  |           |
| KINE 4809                            | 3         |                                  |           |
| KINE 4811                            | 3         |                                  |           |
| KINE 4990                            | 1         |                                  |           |
| KINE 4991                            | 3         |                                  |           |
| <b>Total:</b>                        | <b>16</b> | <b>Total:</b>                    | <b>12</b> |

**Minimum Credit Hours Required for Graduation: 120**

The Bachelor of Science in Exercise Physiology requires a minimum of 120 semester hours. ECU requires a minimum 2.0 overall GPA and a minimum 2.0 major GPA for graduation. A minimum cumulative 2.75 GPA and 32 s.h. in general education are required for admission. A minimum grade of C (2.0) is required in BIOL 1150, BIOL 1151 or BIOL 1100, BIOL 1101; CHEM 1150, CHEM 1151; ENGL 1100, ENGL 2201; MATH 1065. Majors must maintain a minimum cumulative GPA of 2.5 and a minimum grade of C (2.0) is required in BIOL 2140, BIOL 2141, BIOL 2150, BIOL 2151; CHEM 1160, CHEM 1161.

For more information, visit the BS in Exercise Physiology website: [Exercise Physiology Program](#)

<sup>3</sup>NOTE: Completion of a 3 s.h. Global Diversity (GD) course and a 3 s.h. Domestic Diversity (DD) course are requirements of all ECU degrees. Though not required for transfer, recommended or required courses marked with GD or DD above should satisfy the requirement; students may choose other courses in these recommended areas. These courses can coincide with other General Education or Major courses. A list of all courses approved to meet the Global and Domestic Diversity requirement can be found in the University catalog: <http://catalog.ecu.edu>, click on the "Courses" link.

*This plan reflects the degree program's requirements published in the 2022-2023 university catalog. All guides are meant as an example of how a degree can be completed. Course availability, prior credit, course prerequisites, major requirements, and student needs must be considered in developing an individual academic pathway. Following the Baccalaureate Degree Plan does not guarantee admission to ECU or guarantee an AS or BS degree will be conferred. Students should seek academic advising to determine the best course of study to meet educational goals and degree requirements.*

[Please refer to the East Carolina University Admissions website for more information on admission and transfer of credits.](#)