

**Baccalaureate Degree Plan**  
**Associate in Science (AS) to BS Health Fitness Specialist**

The sequence below is contingent on the student completing the AS degree from a college in the North Carolina Community College System.

<b>NC Community College First Year</b>			
<b>Fall Semester</b>			
NCCCS Course	NCCC s.h..	ECU Course Equivalent	ECU s.h.
<b>ENG 111</b>	3	ENGL 1100 (WI) <sup>1</sup>	3
<b>MAT 171-UGETC Mathematics</b>	4	MATH 1065	4
<b>BIO 110 or 111-UGETC Natural Sciences</b>	4	BIOL 1050/51 or BIOL 1100/01	4
<b>PSY 150-UGETC Social Science</b>	3	PSYC 1000	3
<b>ACA 122-CAA Premajor/Elective</b>	1	COAD 1xxx (Elective Credit)	1
<b>Total:</b>	<b>15</b>		<b>15</b>
<b>Spring Semester</b>			
<b>UGETC Humanities/Fine Arts Course</b>	3	General Education Course	3
<i>Recommended: ART 111 or DRA 111</i>		<i>ART 1910 (GD)<sup>4</sup> or THEA 1000 (GD)<sup>4</sup></i>	
<b>CIS 110 or MAT 152-CAA GEN ED</b>	3 or 4	MIS 2223 or MATH 2283	3 or 4
<b>CHM 135 or 151 -CAA Premajor/Elective</b>	4	CHEM 1020 or CHEM 1150/51	4
<b>BIO 155-CAA Premajor/Elective</b>	3	NUTR 2105	3
<b>HEA 110<sup>2</sup> -CAA Premajor/Elective</b>	3	HLTH 1000/KINE 1000 <sup>2</sup>	3
<b>Total:</b>	<b>15 or 16</b>		<b>15 or 16</b>
<b>NC Community College Second Year</b>			
<b>Fall Semester</b>			
NCCCS Course	NCCC s.h..	ECU Course Equivalent	ECU s.h.
<b>ENG 112</b>	3	ENGL 2201 (WI) <sup>1</sup>	3
<b>UGETC Humanities/Fine Arts Course</b>	3	General Education Course	3
<b>PHY 151-UGETC Natural Sciences Course</b>	4	PHYS 1250/51	4
<b>CAA GEN ED Courses</b>	4 or 5	General Education Courses	4 or 5
<b>Total:</b>	<b>14 or 15</b>		<b>14 or 15</b>
<b>Spring Semester</b>			
<b>UGETC Mathematics Course</b>	4	General Education Course	4
<b>UGETC Social Science Course</b>	3	General Education Course	3
<i>Recommended: SOC 210 or HIS 131/132</i>		<i>SOCI 2110 (DD)<sup>4</sup> or HIS 1050/1051 (DD)<sup>4</sup></i>	
<b>CAA GEN ED Course</b>	3	General Education Course	3
<b>BIO 163-CAA Premajor/Elective</b>	5	BIOL 2130/2131	5
<b>Total:</b>	<b>15</b>		<b>15</b>
<b>Key: The Transfer Course List can be found at: <a href="#">NC Transfer Course List</a></b>			
<b>UGETC</b> - Universal General Education Transfer Component courses			
<b>CAA GEN ED</b> - Additional General Education Hours (AA requires 13-14 hours; AS requires 11 hours)			
<b>Pre-Major/Elective</b> - Courses classified as pre-major, electives, or general education courses within the CAA (ACA 122 is required)			

<sup>1</sup>Students enrolling at ECU must fulfill the writing across the curriculum requirement prior to graduation. To do so, each student must complete a minimum of four writing intensive courses, including ENGL 1100 and ENGL 2201, at least one writing intensive course in the major; and any other writing intensive course of the student's choice.

<sup>2</sup>Students who have successfully completed HEA 110 since the Fall 2016 term will earn ECU credit for both HLTH 1000 (2 hours) and KINE 1000 (1 hour). Students who completed HEA 110 prior to the Fall 2016 term and who have not also taken PED 110 will be responsible for meeting the Health-Related Physical Activity Competency component of the ECU General Education Program to meet degree requirements.

**NOTE: Credit will only be awarded for transferable courses for which a grade of C (2.0) or better is earned.**



**Schedule of Courses Upon Admission to ECU  
Associate in Science (AS) to BS Health  
Fitness Specialist**

<b>ECU Junior Year</b>			
<b>Fall Semester</b>		<b>Spring Semester</b>	
HLTH 2220	3	KINE 3540	2
KINE 2000	3	KINE 3800/3801	3
KINE 2202	3	KINE 3805/3806	4
KINE 2850	1	KINE 3850	3
KINE Electives	3	Writing Intensive	3
<b>Total:</b>	<b>13</b>	<b>Total:</b>	<b>15</b>
<b>ECU Senior Year</b>			
<b>Fall Semester</b>		<b>Spring Semester</b>	
ATEP/HLTH Restricted Elective <sup>3</sup>	3	HLTH 4200	3
KINE 3880/3881	3	KINE Elective above 2999	3
KINE 4020	3	KINE 4801	1
KINE 4030	3	KINE 4805/4806 (WI) <sup>1</sup>	4
KINE Elective	1	KINE 4850	3
<b>Total:</b>	<b>13</b>	<b>Total:</b>	<b>14</b>
<b>ECU Summer after Senior Year</b>			
KINE 4800	12		
<b>Total: 12</b>			

<sup>3</sup>Choose 3 s.h. from the following: ATEP 2800, 3350; HLTH 2125/26, 3002, 3010, 3020, 3050.

**Minimum Credit Hours Required for Graduation: 120**

The Bachelor of Science in Health Fitness Specialist requires a minimum of 120 semester hours. ECU requires a minimum 2.0 overall GPA and a minimum 2.0 major GPA for graduation. A minimum grade of C- (1.7) in all KINE courses is required to complete the degree. A minimum cumulative 2.0 GPA is required for admission as well as successful completion of the majors' fitness test.

For more information, visit the BS in Health Fitness Specialist website:

[Health Fitness Specialist Program](#)

<sup>4</sup>NOTE: Completion of a 3 s.h. Global Diversity (GD) course and a 3 s.h. Domestic Diversity (DD) course are requirements of all ECU degrees. Though not required for transfer, recommended or required courses marked with GD or DD above should satisfy the requirement; students may choose other courses in these recommended areas. These courses can coincide with other General Education or Major courses. A list of all courses approved to meet the Global and Domestic Diversity requirement can be found in the University catalog: <http://catalog.ecu.edu>, click on the "Courses" link.

*This plan reflects the degree program's requirements published in the 2022-2023 university catalog. All guides are meant as an example of how a degree can be completed. Course availability, prior credit, course prerequisites, major requirements, and student needs must be considered in developing an individual academic pathway. Following the Baccalaureate Degree Plan does not guarantee admission to ECU or guarantee an AS or BS degree will be conferred. Students should seek academic advising to determine the best course of study to meet educational goals and degree requirements.*

[Please refer to the East Carolina University Admissions website for more information on admission and transfer of credits.](#)