



## Baccalaureate Degree Plan

NCCCS Associate in Arts **or** Associate in Science  
*transfer to*  
East Carolina University, **BS NUTRITION AND DIETETICS**

- Nutrition is an integrative discipline that involves chemistry, biology, physiology, pharmacology, medicine, behavior science and other disciplines. In addition to preparing graduates to become registered, licensed dietitians, nutrition science is a great pre-professional major for careers in medicine, dentistry, veterinary science and the allied health professions.
- The Nutrition and Dietetics, BS program has two concentrations:
  - didactic program (DP)
  - nutrition with science (NS)
- Both concentrations are primarily on-campus, face-to-face programs that provide many opportunities for students throughout their course of study.
- Both concentrations require an application process. For more information, [click here](#).
- Transfer students should email an Academic Advisor as soon as possible, [hpadvising@ecu.edu](mailto:hpadvising@ecu.edu).

*An example of how to plan your first 2 years of the traditional 4 years of study is included at the end of this document. However, depending on when you transfer and how many recommended courses you take at the community college, it may take longer than 4 years to complete any degree at ECU.*

### Recommended courses to take at a North Carolina Community College

ANT 220	CHM 151	MAT 152
	CHM 152	MAT 171
BIO 111	CHM 251	
BIO 112	CHM 252	PSY 150
BIO 155		
BIO 163	COM 231	SOC 210
BIO 175		

- Other courses to complete an AA or AS are student's choice; no other current department recommendations. Other equivalent courses may be listed in the degree requirements.
- Completion of an approved NCCCS AA or AS waives the General Education requirement. For more information about the waiver, [click here](#).
- For more information about General Education Core Requirements at ECU, and a list of specific course options, click [here](#).
- You do not have to complete all NCCCS equivalents or recommended courses before transferring. However, taking minimal recommendations may prolong your time to degree at ECU.

## Degree Requirements

### General Education Core Requirements

*40 semester hours credit required; completion of an approved AA or AS waives this requirement.*

Competency	Semester Hour Credits Required	Notes
Written Communication	6	<i>ENG 111 and ENG 112 should be taken at the community college to satisfy this competency.</i>
Humanities & Fine Arts	9	<i>At least one class should be labeled as Humanities (HU) and one should be labeled as Fine Arts (FA).</i>
Social Sciences	9	<i>NCCCS HIS courses are not considered a social science at ECU.</i>
Natural Sciences	7	<i>One course must include a lab.</i>
Mathematics	3	<i>Choose MAT 171.</i>
Health Promotion and Health-Related Physical Activity	3	<i>HEA 110 should be taken at the community college to satisfy this competency.</i>

<b>Specific General Education Requirements</b>	<p>As part of completing the 40 required hours, please include:</p> <p>ANTH 1050 - Global Understanding <b>or</b> ANTH 2200 - Introduction to Cultural Anthropology</p> <p>CHEM 1150 - General Chemistry I CHEM 1151 - General Chemistry Laboratory I CHEM 1160 - General Chemistry II</p> <p>COMM 2020 - Fundamentals of Speech Communication <b>or</b> COMM 2410 - Public Speaking</p> <p>MATH 1065 - College Algebra PSYC 1000 - Introductory Psychology SOC 2110 - Introduction to Sociology</p>	<p style="text-align: center;"><i>NCCCS Equivalents</i></p> <p style="text-align: center;"><i>ANT 220</i></p> <p style="text-align: center;"><i>CHM 151</i></p> <p style="text-align: center;"><i>CHM 152</i></p> <p style="text-align: center;"><i>COM 231</i></p> <p style="text-align: center;"><i>MAT 171</i> <i>PSY 150</i> <i>SOC 210</i></p>
<b>Core</b>	<p>Complete 14 hours.</p> <p>NUTR 1010 - Cultural Foods NUTR 1300 - Orientation to Nutrition and Dietetics Profession NUTR 1330 - Food Safety and Sanitation NUTR 2105 - Nutrition Science NUTR 2330 - Food Science NUTR 2400 - Nutrition Assessment</p>	<p style="text-align: center;"><i>NCCCS Equivalents</i></p> <p style="text-align: center;"><i>BIO 155</i></p>
<b>Cognates</b>	<p>Complete 21-26 hours.</p> <p>BIOL 1100 - Principles of Biology I BIOL 1101 - Principles of Biology Laboratory I <b>and</b> BIOL 1200 - Principles of Biology II BIOL 1201 - Principles of Biology Laboratory II <b>or</b> BIOL 1150 - Principles of Biology: A Human Approach BIOL 1151 - Principles of Biology: A Human Approach Discussion</p>	<p style="text-align: center;"><i>NCCCS Equivalents</i></p> <p style="text-align: center;"><i>BIO 111</i></p> <p style="text-align: center;"><i>BIO 112</i></p>

	BIOL 2110 - Fundamentals of Microbiology BIOL 2111 - Fundamentals of Microbiology Laboratory BIOL 2130 - Survey of Human Physiology and Anatomy BIOL 2131 - Survey of Human Physiology and Anatomy Laboratory	<i>BIO 175</i>  <i>BIO 163</i>
	BIOS 1500 - Introduction to Biostatistics <b>or</b> MATH 2228 - Elementary Statistical Methods I <b>or</b> MATH 2283 - Statistics for Business <b>or</b> PSYC 2101 - Psychological Statistics	<i>MAT 152</i>
	CHEM 1161 - General Chemistry Laboratory II CHEM 2750 - Organic Chemistry I CHEM 2753 - Organic Chemistry Laboratory I	<i>CHM 152</i> <i>CHM 251</i> <i>CHM 252</i>

<b>Concentrations</b>	Complete 21-41 hours.	
<b>Didactic Program</b>	<p><i>The dietetics program (DP) in dietetics is accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics (AND). Admission requires a minimum cumulative 3.0 grade point average (GPA) and a submitted application after all prerequisites have been completed. The application can be found on the Department of Nutrition Science website. Students in the DP must maintain a minimum cumulative GPA of 3.0. Graduates of the DP will be eligible to apply for a supervised practice/dietetic internship. Completion of the DP does not guarantee admission into a supervised practice/dietetic internship. Students who complete this concentration and a supervised practice/dietetic internship can take the National Registration Examination for Dietitians and become a registered dietitian.</i></p> <p>           NUTR 2331 - Food Science Laboratory            NUTR 3104 - Advanced Vitamins and Minerals            NUTR 3105 - Nutritional Biochemistry and Metabolism            NUTR 3311 - Life Cycle Nutrition            NUTR 3330 - Financial Management in Dietetics            NUTR 3535 - Nutrition Education and Behavior Change            NUTR 3700 - Nutrition and Disease            NUTR 4300 - Professional Preparation in Dietetics            NUTR 4312 - Medical Nutrition Therapy I            NUTR 4313 - Medical Nutrition Therapy II            NUTR 4315 - Nutrition Counseling            NUTR 4330 - Food Production Principles of Dietetics            NUTR 4331 - Food Production in Dietetics Lab            NUTR 4500 - Community Nutrition            NUTR 4600 - Senior Seminar         </p>	<i>To be completed at ECU.</i>
<b>Nutrition with Science</b>	<p><i>This concentration allows flexibility to support a variety of professional goals and is well suited for pre-professional programs in occupational therapy, physician assistant studies, physical therapy, dentistry, medicine, optometry, pharmacy and veterinary medicine. Students should consider minors in areas that complement their career goals. Suggested minors include public health, business, psychology, exercise science, or health promotion. A minimum 3.0 cumulative GPA is required for admission to the nutrition with science concentration, which consists of NUTR 3000 and 4000 level classes. A student earning less than a 3.0 cumulative GPA while</i></p>	<i>To be completed at ECU.</i>

	<p><i>taking NUTR 3000 and/or 4000 level courses must petition the Department of Nutrition Science for probationary continuation.</i></p> <p>HLTH 3010 - Health Problems or HLTH 3050 - Public Health Systems and Policy</p> <p>NUTR 3104 - Advanced Vitamins and Minerals NUTR 3105 - Nutritional Biochemistry and Metabolism NUTR 3311 - Life Cycle Nutrition NUTR 3700 - Nutrition and Disease NUTR 4901 - Topics in Nutrition (Must be taken twice.)</p>	
<b>Electives</b>	Complete any necessary requirements for graduation.	

## Potential 2 Year Map for BS Nutrition and Dietetics (Either Concentration)

An example of courses to take at your community college.

### First Semester at NCCCS Institution

NCCCS Course	ECU Transfer Equivalent
ENG 111	ENGL 1100
BIO 155	NUTR 2105
MAT 171	MATH 1065
HEA 110	HLTH 1000/KINE 1000
ACA 122	COAD 1XXX (elective credit)

### Second Semester at NCCCS Institution

NCCCS Course	ECU Transfer Equivalent
ENG 112	ENGL 2201
COM 231	COMM 2410
BIO 111	BIOL 1100, 1101
PSY 150	PSYC 1000
CHM 151	CHEM 1150, 1151

### Third Semester at a NCCCS Institution

NCCCS Course	ECU Transfer Equivalent
SOC 210	SOCI 2110
Humanities/Fine Arts	
BIO 112	BIOL 1200, 1201
CHM 152	CHEM 1160, 1161
ANT 220	ANTH 2200

### Fourth Semester at a NCCCS Institution

NCCCS Course	ECU Transfer Equivalent
MAT 152	MATH 2228 OR 2283
Humanities/Fine Arts course or Elective course	
Social Behavioral Science course or Elective course	
BIO 163	BIOL 2130, 2131

- Schedule at ECU will depend on courses completed at the community college and semester of entry (fall or spring).
- You should email [hpadvising@ecu.edu](mailto:hpadvising@ecu.edu) as soon as possible for more specialized advising.
- This schedule is dependent on taking full-time course loads; however, it may not be realistic to take a full-time course load if you are working full-time or part-time, are a caregiver, or have other obligations. *Ask your advisor how you can be most successful.*