



Baccalaureate Degree Plan

NCCCS Associate in Arts **or** Associate in Science
transfer to
 East Carolina University, **BS PUBLIC HEALTH**

- Students entering the Public Health, BS program choose one of three concentrations:
 - community health,
 - prehealth professions, or
 - worksite health promotion.
- The community health and worksite health promotion concentrations both require a minimum cumulative GPA of 2.75 for entry.
- Students entering the prehealth professions concentration must have a minimum cumulative 3.0 GPA and a grade of B or higher earned at a college or university in the following courses: *BIOL 1100, BIOL 1101, BIOL 1200, BIOL 1201; CHEM 1150, CHEM 1151, CHEM 1160, CHEM 1161.*

As a transfer student, it is important to contact an ECU Academic Advisor, hpadvising@ecu.edu, as soon as possible.

An example of how to plan your first 2 years of the traditional 4 years of study is included at the end of this document. However, depending on when you transfer and how many recommended courses you take at the community college, it may take longer than 4 years to complete any degree at ECU.

Recommended courses to take at a North Carolina Community College

All concentrations:	ENG 111 ENG 112	HEA 110 HEA 120	MAT 152 MAT 171	PSY 150
Community Health Concentration:	BIO 110 or 111 or 275	BIO 155	BIO 163 or BIO 168 and 169	SOC 210
Prehealth Professions Concentration:	BIO 111 BIO 112 BIO 163 or BIO 168 and 169	BIO 250 BIO 275	CHM 151 CHM 152 CHM 251 CHM 252	PHY 151 PHY 152 SOC 210
Worksite Health Concentration:	BIO 110 or 111 or 175	BIO 155	BIO 163 or 168	BUS 115

- Other courses to complete an AA or AS are student's choice; no other current department recommendations. Other equivalent courses may be listed in the degree requirements.
- Completion of an approved NCCCS AA or AS waives the General Education requirement. For more information about the waiver, [click here](#).
- For more information about General Education Core Requirements at ECU, and a list of specific course options, click [here](#).
- You do not have to complete all NCCCS equivalents or recommended courses before transferring. However, taking minimal recommendations may prolong your time to degree at ECU.

Degree Requirements

General Education Core Requirements

40 semester hours credit required; completion of an approved AA or AS waives this requirement.

Competency	Semester Hour Credits Required	Notes
Written Communication	6	<i>ENG 111 and ENG 112 should be taken at the community college to satisfy this competency.</i>
Humanities & Fine Arts	9	<i>At least one class should be labeled as Humanities (HU) and one should be labeled as Fine Arts (FA).</i>
Social Sciences	9	<i>NCCCS HIS courses are not considered a social science at ECU.</i>
Natural Sciences	7	<i>One course must include a lab.</i>
Mathematics	3	<i>Choose MAT 171.</i>
Health Promotion and Health-Related Physical Activity	3	<i>HEA 110 should be taken at the community college to satisfy this competency.</i>

Specific General Education Requirements	As part of completing the 40 required hours, please include:	NCCCS Equivalents
All Concentrations	HLTH 1000 - Health in Modern Society MATH 1065 - College Algebra PSYC 1000 - Introductory Psychology	<i>HEA 110 MAT 171 PSY 150</i>
Community Health Concentration	BIOL 1050 - General Biology BIOL 1051 - General Biology Laboratory or BIOL 1100 - Principles of Biology I BIOL 1101 - Principles of Biology Laboratory I or BIOL 2110 - Fundamentals of Microbiology BIOL 2111 - Fundamentals of Microbiology Laboratory SOC 2110 - Introduction to Sociology	<i>BIO 110 BIO 111 BIO 275 SOC 210</i>
Prehealth Professions Concentration	BIOL 1100 - Principles of Biology I BIOL 1101 - Principles of Biology Laboratory I BIOL 1200 - Principles of Biology II SOC 2110 - Introduction to Sociology	<i>BIO 111 BIO 112 SOC 210</i>
Worksite Health Promotion	BIOL 1050 - General Biology BIOL 1051 - General Biology Laboratory or BIOL 1100 - Principles of Biology I BIOL 1101 - Principles of Biology Laboratory I or BIOL 2110 - Fundamentals of Microbiology BIOL 2111 - Fundamentals of Microbiology Laboratory PSYC 3241 - Personnel and Industrial Psychology	<i>BIO 110 BIO 111 BIO 275</i>
Common Core	Complete 21 hours. BIOS 1500 - Introduction to Biostatistics or MATH 2228 - Elementary Statistical Methods I or	<i>NCCCS Equivalents MAT 152</i>

	<p>MATH 2283 - Statistics for Business</p> <p>EHST 2110 - Introduction to Environmental Health Sciences HLTH 2000 - Principles of Public Health HLTH 3010 - Health Problems</p> <p>HLTH 3020 - Understanding and Achieving Health Equity or HLTH 3025 - LGBT Population Health and Disparities or HLTH 3100 - Issues in Latino Health</p> <p>HLTH 3050 - Public Health Systems and Policy HLTH 4011 - Introduction to Epidemiology in Public Health</p>	<i>HEA 120</i>
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Concentrations	Complete 40-48 hours by choosing one concentration.	
Community Health	<p>HLTH 3000 - Theory and Practice in Community Health Education HLTH 3002 - Women's Health Across the Lifespan HLTH 3520 - Introduction to Global Health HLTH 4605 - Community Strategies for Health Education HLTH 4609 - Needs Assessment and Program Planning HLTH 4611 - Program Evaluation HLTH 4880 - Capstone: Applied Principles of Health Education and Promotion HLTH 4991 - Health Education and Promotion Internship</p> <p>Cognates: BIOL 2130 - Survey of Human Physiology and Anatomy BIOL 2131 - Survey of Human Physiology and Anatomy Laboratory or BIOL 2140 - Human Physiology and Anatomy I BIOL 2141 - Human Physiology and Anatomy I Laboratory BIOL 2150 - Human Physiology and Anatomy II BIOL 2151 - Human Physiology and Anatomy II Laboratory</p> <p>NUTR 1000 - Contemporary Nutrition or NUTR 2105 - Nutrition Science</p>	<p><i>BIO 163</i></p> <p><i>BIO 168*</i></p> <p><i>BIO 169*</i></p> <p><i>BIO 155</i></p>
Prehealth Professions	<p>HLTH 3030 - Health Behavior HLTH 3300 - Introduction to Patient Education HLTH 4200 - Planning and Evaluation in Health Promotion</p> <p>Cognates: BIOL 1201 - Principles of Biology Laboratory II</p> <p>(Choose one of the following sets of biology courses.) BIOL 2130 - Survey of Human Physiology and Anatomy BIOL 2131 - Survey of Human Physiology and Anatomy Laboratory or BIOL 2140 - Human Physiology and Anatomy I BIOL 2141 - Human Physiology and Anatomy I Laboratory BIOL 2150 - Human Physiology and Anatomy II BIOL 2151 - Human Physiology and Anatomy II Laboratory</p>	<p><i>BIO 112</i></p> <p><i>BIO 163</i></p> <p><i>BIO 168*</i></p> <p><i>BIO 169*</i></p>

	<p>(Complete each of the following chemistry courses.) CHEM 1150 - General Chemistry I CHEM 1151 - General Chemistry Laboratory I CHEM 1160 - General Chemistry II CHEM 1161 - General Chemistry Laboratory II</p> <p><u>Choose 22 s.h. from the following:</u></p> <p>BIOL 2110 - Fundamentals of Microbiology BIOL 2111 - Fundamentals of Microbiology Laboratory BIOL 2300 - Principles of Genetics BIOL 3310 - Cellular Physiology BIOL 3311 - Cellular Physiology Discussion CHEM 2750 - Organic Chemistry I CHEM 2753 - Organic Chemistry Laboratory I CHEM 2760 - Organic Chemistry II CHEM 2763 - Organic Chemistry Laboratory II CHEM 3770 - Biological Chemistry CHEM 3771 - Biological Chemistry Laboratory HLTH 4901 - Prehealth Professions Field Experience HLTH 4902 - Prehealth Professions Field Experience</p> <p>HLTH 4910 - Prehealth Professions Internship or HLTH electives 2000 level or above</p> <p>KINE 2850 - Structural Kinesiology KINE 3805 - Physiology of Exercise PHYS 1250 - General Physics I PHYS 1251 - General Physics Laboratory I PHYS 1260 - General Physics II PHYS 1261 - General Physics Laboratory II</p>	<p><i>CHM 151</i></p> <p><i>CHM 152</i></p> <p><i>BIO 275</i></p> <p><i>BIO 250</i></p> <p><i>CHM 251</i></p> <p><i>CHM 252</i></p> <p><i>PHY 151</i></p> <p><i>PHY 152</i></p>
<p>Worksite Health Promotion</p>	<p>HLTH 3600 - Wellness Assessment and Disease Management HLTH 4006 - Health Promotion in the Workplace HLTH 4609 - Needs Assessment and Program Planning HLTH 4611 - Program Evaluation HLTH 4880 - Capstone: Applied Principles of Health Education and Promotion HLTH 4991 - Health Education and Promotion Internship</p> <p>Cognates:</p> <p>BIOL 2130 - Survey of Human Physiology and Anatomy or BIOL 2140 - Human Physiology and Anatomy I BIOL 2150 - Human Physiology and Anatomy II</p> <p>EHST 3900 - Introduction to Occupational Health or ITEC 3292 - Industrial Safety</p> <p>FINA 2244 - Legal Environment of Business</p> <p>NUTR 1000 - Contemporary Nutrition or NUTR 2105 - Nutrition Science</p>	<p><i>BIO 163</i></p> <p><i>BIO 168*</i></p> <p><i>BUS 115</i></p> <p><i>BIO 155</i></p>

Electives	<i>Note: It is recommended that courses be taken which reinforce content in the physical, social, and behavioral sciences, or provide the student with a community health specialty area such as gerontology, environmental health, or health promotion. Number of elective hours varies by concentration.</i>	
Licensure/ Certification Requirements in North Carolina	<i>The curriculum for all ECU Certificates, Degrees, and Minors have been designed to meet the licensure/certification requirements in North Carolina and prepare students to sit for licensure/certification exams in North Carolina. The various licensure boards in each state are responsible for setting requirements for licensure/certification in their state. Other states have their own requirements, and you'll want to make sure your program meets criteria in your home state (or state where you intend to work) before you apply. Search our state Licensure Dashboard to see if the program you're interested in meets the educational requirements for licensing/certification in your home state (or state where you intend to work).</i>	

Potential 2 Year Map for BS Public Health

An example of courses to take at your community college.

First Semester at NCCCS Institution

NCCCS Course	ECU Transfer Equivalent
ENG 111	ENGL 1100
PSY 150	PSYC 1000
Humanities/Fine Arts course	
HEA 110	HLTH 1000/KINE 1000
ACA 122	COAD 1XXX (elective credit)

Second Semester at NCCCS Institution

NCCCS Course	ECU Transfer Equivalent
ENG 112	ENGL 2201
MAT 171	MATH 1065
Humanities/Fine Arts course	
SOC 210 or other Social Behavioral Science course	SOCI 2110
HEA 120	HLTH 2000

Third Semester at a NCCCS Institution

NCCCS Course	ECU Transfer Equivalent
MAT 152	MATH 2228
BIO 111	BIOL 1100,1101
Social Behavioral Science course or 2 nd Natural Science course	
Additional General Education course	
Additional General Education course	

Fourth Semester at a NCCCS Institution

NCCCS Course	ECU Transfer Equivalent
Humanities/Fine Arts course or 2 nd Math course	
Additional General Education course	
Additional General Education course or Elective course	
Elective course	
Elective course	

- Schedule at ECU will depend on courses completed at the community college and semester of entry (fall or spring).
- You should email hpadvising@ecu.edu as soon as possible for more specialized advising.
- This schedule is dependent on taking full-time course loads; however, it may not be realistic to take a full-time course load if you are working full-time or part-time, are a caregiver, or have other obligations. **Ask your advisor how you can be most successful.**