



Baccalaureate Degree Plan

NCCCS Associate in Arts **or** Associate in Science
transfer to
East Carolina University, **BS RECREATIONAL THERAPY**

The Recreational Therapy, BS program is accredited by the Commission on Accreditation of Allied Health Education Programs (CAAHEP) through the Committee on Accreditation for Recreational Therapy Education (CARTE).

Any student wishing to declare a major in recreational therapy (RT) must, at the time of entrance into the curriculum, possess

- a minimum 2.5 GPA;
- have completed ENGL 1100, ENGL 2201; MATH 1065 or MATH 1066 or MATH 2127 or MATH 2228; BIOL 2130, BIOL 2131 and RCTX 2230;
- have submitted a recorded interview and application;
- have a personal interview with a RT faculty member; and
- have completed a sequencing form (timetable) in consultation with a RCTX advisor in the HHP Advising Center.

Due to the competitive nature of this program, and the requirements to apply, students should dual-enroll with ECU in their final semester in order to complete RCTX 2230.

Transfer students should email an Academic Advisor as soon as possible, hpadvising@ecu.edu.

An example of how to plan your first 2 years of the traditional 4 years of study is included at the end of this document. However, depending on when you transfer and how many recommended courses you take at the community college, it may take longer than 4 years to complete any degree at ECU.

Recommended courses to take at a North Carolina Community College

BIO 110 or 111	ENG 111	HEA 110	MAT 152 or 171	PSY 150
BIO 163	ENG 112			PSY 241
				PSY 281

- Other courses to complete an AA or AS are student's choice; no other current department recommendations.
- ECU's General Education Core can be used as possible suggestions for additional courses; however, **completion of an approved NCCCS AA or AS waives the General Education requirement, with the exception of Health Promotion and Health-Related Physical Activity.**
- For more information about General Education Core Requirements at ECU, and a list of specific course options, click [here](#).

Degree Requirements

General Education Core Requirements

40 semester hours credit required; completion of an approved AA or AS waives this requirement, with the exception of Health Promotion and Health-Related Physical Activity.

Competency	Semester Hour Credits Required	Notes
Written Communication	6	<i>ENG 111 and ENG 112 should be taken at the community college to satisfy this competency.</i>
Humanities & Fine Arts	9	<i>At least one class should be labeled as Humanities (HU) and one should be labeled as Fine Arts (FA).</i>
Social Sciences	9	<i>NCCCS HIS courses are not considered a social science at ECU.</i>
Natural Sciences	7	<i>One course must include a lab.</i>
Mathematics	3	<i>Choose MAT 152 or 171.</i>
Health Promotion and Health-Related Physical Activity	3	<i>HEA 110 should be taken at the community college to satisfy this competency.</i>

Specific General Education Requirements	<p>As part of the 40 hours, please include the following:</p> <p>BIOL 1050 – General Biology BIOL 1051 – General Biology Laboratory or BIOL 1100 – Principles of Biology I BIOL 1101 – Principles of Biology Laboratory I or BIOL 1150 – Principles of Biology: A Human Approach BIOL 1151 – Principles of Biology: A Human Approach Discussion</p> <p>MATH 1065 – College Algebra or MATH 1066 – Applied Mathematics for Decision Making or MATH 2127 – Basic Concepts of Mathematics or MATH 2228 – Elementary Statistical Methods I</p> <p>PHIL 2275 – Professional Ethics or PHIL 3281 – Introduction to Philosophical Ethics in the Health Care Professions</p> <p>PSYC 1000 – Introductory Psychology PSYC 3206 – Developmental Psychology RCSC 2601 – Leisure in Society</p>	<p style="text-align: center;"><i>NCCCS Equivalents</i></p> <p style="text-align: center;"><i>BIO 110</i></p> <p style="text-align: center;"><i>BIO 111</i></p> <p style="text-align: center;"><i>MAT 171</i></p> <p style="text-align: center;"><i>MAT 152</i></p> <p style="text-align: center;"><i>PSY 150 PSY 241</i></p>
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Core	<p>Complete 44 hours.</p> <p>RCSC 3003 – Recreation and Event Programming RCSC 4000 – Research Methods and Techniques RCTX 2230 – Recreational Therapy Foundations RCTX 3240 – Disability Survey for Recreational Therapy Services RCTX 3254 – Assessment and Measurement in Recreational Therapy</p>	<p style="text-align: center;"><i>There are no current CAA articulations for RCSC or RCTX courses.</i></p>
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	<p>RCTX 3255 – Recreational Therapy Clinical Assessment and Measurement Lab RCTX 4255 – Clinical Application of Recreational Therapy Skills RCTX 4260 – Recreational Therapy Senior Practicum RCTX 4263 – Cognitive and Psychosocial Interventions in Recreational Therapy RCTX 4267 – Program Design and Management for Recreational Therapy Services RCTX 4272 – Physical and Movement Interventions in Recreational Therapy RCTX 4900 – Recreational Therapy Professional Development RCTX 4902 – Recreational Therapy Internship Pre-Placement Seminar RCTX 4990 – Recreational Therapy Internship</p>	
Cognates	<p>Complete 15 hours.</p> <p>BIOL 2130 – Survey of Human Physiology and Anatomy BIOL 2131 – Survey of Human Physiology and Anatomy Laboratory HIMA 3000 – Medical Terminology for Health Professionals KINE 2850 – Structural Kinesiology</p> <p>PSYC 3225 – Psychology of Learning or PSYC 3226 – Cognitive Psychology</p> <p>PSYC 3375 – Abnormal Psychology</p>	<p><i>NCCCS Equivalents</i></p> <p><i>BIO 163</i></p> <p><i>MED 122*</i></p> <p><i>PSY 281</i></p>
Restricted Electives	<p>Complete 9 hours.</p> <p>Choose from the following courses:</p> <p>RCSC 2400 – Adventure-Based Program Leadership RCSC 3131 – Recreation for Diverse Populations RCSC 3900 – Advocacy and Practice in Recreation and Park Management RCTX 3202 – Camping and Adventure Programming for Individuals with Disabilities RCTX 4004 – Disability and Adaptive Sport RCTX 4100 – Leisure, Aging, and Health RCTX 4125 – Study Abroad in Disability and Inclusion RCTX 4200 – Advanced Stress Management RCTX 4210 – Introduction to Biofeedback RCTX 4211 – Biofeedback Lab RCTX 4252 – Recreational Therapy Leadership and Group Dynamics RCTX 5000 – Theoretical Foundations of Aquatic Rehabilitation RCTX 5001 – Applied Techniques in Aquatic Rehabilitation or courses approved by the program coordinator</p>	<p><i>There are no current CAA articulations for RCSC or RCTX courses.</i></p>
Electives	<p>Complete requirements for graduation.</p>	

Licensure/ Certification Requirements in North Carolina	<p>The curriculum for all ECU Certificates, Degrees, and Minors have been designed to meet the licensure/certification requirements in North Carolina and prepare students to sit for licensure/certification exams in North Carolina. The various licensure boards in each state are responsible for setting requirements for licensure/certification in their state. Other states have their own requirements, and you'll want to make sure your program meets criteria in your home state (or state where you intend to work) before you apply. Search our state Licensure Dashboard to see if the program you're interested in meets the educational requirements for licensing/certification in your home state (or state where you intend to work).</p>	
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*MED 122 is not an approved transfer elective under the CAA; students are not expected to complete this course before transferring to ECU. However, should the course be completed, it will transfer toward the student's degree at ECU.

Potential 2 Year Map for BS, Recreational Therapy

An example of courses to take at your community college.

First Semester at NCCCS Institution

NCCCS Course	ECU Transfer Equivalent
ENG 111	ENGL 1100
BIO 110 or 111	BIOL 1050, 1051 or BIOL 1100, 1101
PSY 150	PSYC 1000
HEA 110	HLTH 1000/KINE 1000
ACA 122	COAD 1XXX (elective credit)

Second Semester at NCCCS Institution

NCCCS Course	ECU Transfer Equivalent
Humanities/Fine Arts course	
Social Behavioral Science course	
MAT 152 or 171	MATH 2228 or 1065
PSY 241	PSYC 3206
Additional General Education course	

Third Semester at a NCCCS Institution

NCCCS Course	ECU Transfer Equivalent
ENG 112	ENGL 2201
Humanities/Fine Arts course	
PSY 281	PSYC 3375
BIO 163	BIOL 2130, 2131

Fourth Semester at a NCCCS Institution

NCCCS Course	ECU Transfer Equivalent
Humanities/Fine Arts course or 2 nd Math course	
Social Behavioral Science or 2 nd Natural Science course	
Additional General Education course	
Elective course	
Elective course/Dual-enrollment with ECU for RCTX 2230	

- Schedule at ECU will depend on courses completed at the community college and semester of entry (fall or spring).
- You should email hnpadvising@ecu.edu as soon as possible for more specialized advising.
- This schedule is dependent on taking full-time course loads; however, it may not be realistic to take a full-time course load if you are working full-time or part-time, are a caregiver, or have other obligations. **Ask your advisor how you can be most successful.**